

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

1. Name and Address of Reporting Person* <u>Trelstad Lynn B.</u> (Last) (First) (Middle) C/O TEGNA INC. 8350 BROAD STREET, SUITE 2000 (Street) TYSONS VA 22102 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>TEGNA INC [TGNA]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <u>EVP and COO, Media Operations</u>
	3. Date of Earliest Transaction (Month/Day/Year) <u>02/28/2025</u>	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	02/28/2025		M		24,456.118	A	(1)	179,072.653	D	
Common Stock	02/28/2025		M		7,361	A	(1)	186,433.653	D	
Common Stock	02/28/2025		M		6,651	A	(1)	193,084.653	D	
Common Stock	02/28/2025		M		8,858	A	(1)	201,942.653	D	
Common Stock	02/28/2025		M		15,214.5	A	(1)	217,157.153	D	
Common Stock	02/28/2025		F ⁽²⁾		27,724.613	D	\$18.2	189,432.54	D	
Common Stock								10,899.826	I	By 401(k) Plan
Common Stock	02/28/2025		M		2,161.3	A	(1)	33,599.992	I	By Spouse
Common Stock	02/28/2025		F ⁽³⁾		744.568	D	\$18.2	32,855.424	I	By Spouse
Common Stock								6,223.083	I	By Spouse through 401(k) Plan

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
2022 Performance Shares	(1)	02/28/2025		M		24,456.118		(4)	(4)	Common Stock	24,456.118	\$0	0	D	
Restricted Stock Units	(1)	02/28/2025		M		7,361		(6)	(6)	Common Stock	7,361	\$0	0	D	
Restricted Stock Units	(1)	02/28/2025		M		6,651		(7)(10)	(7)(10)	Common Stock	6,651	\$0	6,651	D	
Restricted Stock Units	(1)	02/28/2025		M		8,858		(8)(10)	(8)(10)	Common Stock	8,858	\$0	17,717	D	
Restricted Stock Units	(1)	02/28/2025		M		15,214.5		(9)(10)	(9)(10)	Common Stock	15,214.5	\$0	45,643.5	D	
2022 Performance Shares	(1)	02/28/2025		M		2,161.3		(5)	(5)	Common Stock	2,161.3	\$0	0	I	By Spouse

Explanation of Responses:

- Each 2022 Performance Share and restricted stock unit represents a contingent right to receive one share of the underlying common stock.
- Represents shares of common stock withheld to satisfy the reporting person's tax obligation upon the vesting of 2022 Performance Shares and restricted stock units and the corresponding acquisition of shares of common

stock by the reporting person pursuant to the Issuer's 2020 Omnibus Incentive Compensation Plan.

3. Represents shares of common stock withheld to satisfy the reporting person's spouse's tax obligation upon the vesting of 2022 Performance Shares and the corresponding acquisition of shares of common stock by the reporting person's spouse pursuant to the Issuer's 2020 Omnibus Incentive Compensation Plan.

4. The 2022 Performance Shares vested on February 28, 2025. The corresponding shares of the Issuer's common stock were delivered to the reporting person as to the vested shares on March 1, 2025.

5. The 2022 Performance Shares vested on February 28, 2025. The corresponding shares of the Issuer's common stock were delivered to the reporting person's spouse as to the vested shares on March 1, 2025. The amount reported represents a prorated number of 2022 Performance Shares that were delivered in light of the reporting person's spouse's retirement from the registrant on January 31, 2025.

6. The restricted stock units vested as to 7,361 shares on February 28, 2025. The corresponding shares of the Issuer's common stock were delivered to the reporting person as to the vested shares on March 1, 2025.

7. The restricted stock units vested as to 6,651 shares on February 28, 2025 and vest as to the remaining shares on February 28, 2026, except as otherwise described in footnote 10. The corresponding shares of the Issuer's common stock (a) were delivered to the reporting person as to the applicable vested shares on March 1, 2025 and (b) following vesting and unless delivered earlier following a termination of employment of the reporting person or a change in control of the Issuer, are expected to be delivered to the reporting person as set forth in footnote 10.

8. The restricted stock units vested as to 8,858 shares on February 28, 2025 and vest as to the remaining shares in two equal annual installments on each of February 28, 2026 and February 28, 2027, except as otherwise described in footnote 10. The corresponding shares of the Issuer's common stock (a) were delivered to the reporting person as to the applicable vested shares on March 1, 2025 and (b) following vesting and unless delivered earlier following a termination of employment of the reporting person or a change in control of the Issuer, are expected to be delivered to the reporting person as set forth in footnote 10.

9. The restricted stock units vested as to 15,214,500 shares on February 28, 2025 and vest as to the remaining shares in three equal annual installments on each of February 28, 2026, February 28, 2027 and February 29, 2028, except as otherwise described in footnote 10. The corresponding shares of the Issuer's common stock (a) were delivered to the reporting person as to the applicable vested shares on March 1, 2025 and (b) following vesting and unless delivered earlier following a termination of employment of the reporting person or a change in control of the Issuer, are expected to be delivered to the reporting person as set forth in footnote 10.

10. As previously reported, the reporting person's employment with the Issuer is expected to terminate on or before August 31, 2025 as a result of the elimination of the reporting person's position by the Issuer. Upon such a termination, the number of restricted stock units that are scheduled to vest on February 28, 2026, February 28, 2027 and February 29, 2028 will be prorated pursuant to the terms of the applicable award agreements, and the corresponding shares of the Issuer's common stock will be delivered following the termination date.

Remarks:

/s/ Marc S. Sher, attorney-in-fact 03/04/2025

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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