FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT	<b>OF CHANG</b>	ES IN BEN	EFICIAL C	WNERSHIP

OMB APPROVAL							
OMB Number: 3235-028							
Estimated average burden							
hours per response:							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	nd Address of ini Gina I	Reporting Person*			TE	2. Issuer Name and Ticker or Trading Symbol TEGNA INC [ TGNA ]							(Che	elationship eck all applic X Directo	cable)	`	s) to Issu	
(Last)	(Fi	rst) (	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 08/21/2023							Officer below)	(give title		Other (s below)	pecify	
C/O TEGNA INC. 8350 BROAD STREET, SUITE 2000				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person					
(Street)	S VA	A :	22102			1. 4	Ol- E	4 ( . )	· <del>-</del> · · · · ·		.P P			Form f Persor	iled by More	than Or	ne Repor	ting
(City)	(St		Zip)	Doriv	Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is into satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.					s intended	i to							
Table I - Non-Deriva  1. Title of Security (Instr. 3)  2. Transa Date (Month/D.			action	action 2A. Deemed Execution Date,		te, Transaction Code (Instr. 5)  4. Securitie Disposed C		urities Acquired (A) or led Of (D) (Instr. 3, 4 and		5. Amou Securitie Benefici	nt of es ally Following	6. Owner Form: Di (D) or Inc (I) (Instr.	rect c lirect E 4) C	7. Nature of Indirect Beneficial Ownership				
				Code V Amount (A) or (D)					Price	Transaci (Instr. 3	tion(s)			Instr. 4)				
		Т							uired, Dis s, options					Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution I if any (Month/Day	d Date,	4. Transaction Code (Instr. 8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		d 7. Title and Amount of Securities Underlying Derivative Se (Instr. 3 and 4		Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form: Direct (D or Indire (I) (Instr.	mership rm: ect (D) Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	1	Amount or Number of Shares					
Restricted Stock Units	(1)	08/21/2023			A		9,186		(2)	(2)	Comm		9,186	\$0	9,186		D	

## **Explanation of Responses:**

1. Each restricted stock unit represents a contingent right to receive one share of the underlying common stock.

2. The restricted stock units vest in three equal quarterly installments beginning on November 1, 2023, except that the last quarterly installment shall vest on the earlier of the date of the next Annual Meeting of Stockholders of the Issuer and May 1, 2024. Unless delivery has been deferred by election of the reporting person, vested shares will be delivered to the reporting person as soon as administratively practicable, but no later than 30 days from the payment date or separation of service, as applicable, upon the earliest to occur of the reporting person's separation from service with the Issuer, certain changes in control of the Issuer and May 1, 2024.

## Remarks:

Exhibit Index: Exhibit 24 -- Power of Attorney

/s/ Marc S. Sher, attorney-in-

08/23/2023

<u>fact</u>

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

## POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints akin s. Harrison and Marc S. Sher, signing singly, the undersigned's true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of TEGNA Inc. (the "Company"), Forms 3, 4, 5 and 144 in accordance with the Securities laws of the United States and the rules thereunder;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Forms and timely file such forms with the United States Securities and Exchange Commission and any stock exchange or other authority where such filing is required; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of the 29th day of January 2021.

WITNESS: /s/ John Alstrom

Signature	
Gina Bianchini	John Alstrom
Print Name	Print Name

/s/ Gina Bianchini