FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	20549
wasiiiiquii,	D.C.	20049

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burd	len									
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Harrison Akinyale S.							Name an			ing Sy	mbol	(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify					
(Last) C/O TEGN 8350 BRO		est) (Middle)		02/	28/2			·				X Officer (give title Officer (specify below) SVP and General Counsel					
(Street) TYSONS VA 22102					4. If	Ame	ndment, [Date of C	Priginal F	Filed (Month/Day/Y	6. Inc Line)	ridual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(Sta		Zip)															
1. Title of Security (Instr. 3)			2. Trans	nsaction ch/Day/Year)		2A. Deemed Execution Date,		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		A) or	5. Amount Securities Beneficial Owned For Reported	ly	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D)	Price	Trancaction				
Common S	Stock			02/2	02/28/2023						45,945 A		(1)	111,409		D		
Common S	Stock			02/2	02/28/2023				M		4,782	4,782 A		116,191		D		
Common Stock				/28/2023				M		6,505 A		(1)	122,696		D			
					28/2023				M		5,343 A		(1)	128,039		D		
				28/2023				M F ⁽²⁾		5,116 32,936	A D	(1)	133,155		D			
Common Stock Common Stock			02/2	2/28/2023				FC 7		32,730		\$17.4	3,999.51			I	By 401(k) Plan	
											sed of, o			wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day)	Date,	1. Fransac Code (II				6. Date Exerc Expiration Da (Month/Day/Y		ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported	e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amount or Number of Shares		Transacti (Instr. 4)	ion(s)		
2020 Performance Shares	(1)	02/28/2023			М			45,945	(3))	(3)	Common Stock	45,945	\$0	0		D	
Restricted Stock Units	(1)	02/28/2023			M			4,782	(4))	(4)	Common Stock	4,782	\$0	0		D	
Restricted Stock Units	(1)	02/28/2023			М			6,505	(5))	(5)	Common Stock	6,505	\$0	6,50	5	D	
Restricted Stock Units	(1)	02/28/2023		Ŋ				5,343	(6)		(6)	Common Stock	5,343	\$0	10,686		D	
Restricted Stock Units	(1)	02/28/2023			M			5,116	(7)		(7)	Common Stock	5,116	\$0	\$0 15,348		D	
Restricted Stock Units (1) 03/01/2023		Α		27,257		(8))	(8)	Common Stock	27,257	\$0	27,25	7	D				

- 1. Each 2020 Performance Share and restricted stock unit represents a contingent right to receive one share of the underlying common stock.
- 2. Represents shares of common stock withheld to satisfy the reporting person's tax obligation upon the vesting of 2020 Performance Shares and restricted stock units and the corresponding acquisition of shares of common stock by the reporting person pursuant to the Issuer's 2001 Omnibus Incentive Compensation Plan (Amended and Restated as of May 4, 2010), as amended, or the Issuer's 2020 Omnibus Incentive Compensation Plan, as applicable.
- 3. The 2020 Performance Shares vested on February 28, 2023. The corresponding shares of the Issuer's common stock were delivered to the reporting person as to the vested shares on March 1, 2023.
- 4. The restricted stock units vested as to 4,782 shares on February 28, 2023. The corresponding shares of the Issuer's common stock were delivered to the reporting person as to the vested shares on March 1, 2023.
- 5. The restricted stock units vested as to 6,505 shares on February 28, 2023 and vest as to the remaining shares on February 29, 2024. The corresponding shares of the Issuer's common stock (a) were delivered to the reporting person as to the applicable vested shares on March 1, 2023 and (b) following vesting and unless delivered earlier following a termination of employment of the reporting person or a change in control of the Issuer, will be delivered to the reporting person on March 1, 2024.
- 6. The restricted stock units vested as to 5,343 shares on February 28, 2023 and vest as to the remaining shares in two equal annual installments on each of February 29, 2024 and February 28, 2025. The corresponding shares of the Issuer's common stock (a) were delivered to the reporting person as to the applicable vested shares on March 1, 2023 and (b) following vesting and unless delivered earlier following a termination of employment of the reporting person or a change in control of the Issuer, will be delivered to the reporting person in two equal annual installments beginning on March 1, 2024.
- 7. The restricted stock units vested as to 5,116 shares on February 28, 2023 and vest as to the remaining shares in three equal annual installments on each of February 29, 2024, February 28, 2025 and February 28, 2026. The corresponding shares of the Issuer's common stock (a) were delivered to the reporting person as to the applicable vested shares on March 1, 2023 and (b) following vesting and unless delivered earlier following a termination of employment of the reporting person or a change in control of the Issuer, will be delivered to the reporting person in three equal annual installments beginning on March 1, 2024.
- 8. The restricted stock units vest in four equal annual installments on each of February 29, 2024, February 28, 2025, February 28, 2026 and February 28, 2027 and, unless delivered earlier following a termination of employment of the reporting person or a change in control of the Issuer, will be delivered to the reporting person in four equal annual installments beginning on March 1, 2024.

Remarks:

/s/ Akin S. Harrison

03/02/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.